



Presents:

Home Sweet Home

A Monthly Learning Series

On helping elders stay independent
and living in the community

Where: PACE Vermont

Fanny Allen Campus, Colchester

When: a Thursday of each month

6:00 – 7:00 p.m.

February 18: Home Sweet Home: Safety First
Kenneth Russell, PACE Occupational Therapist

March 18: Falling for the Oldest Trick (Falls Prevention)
Julie Adams, Physical Therapist, and
Dawn Weening, RN, of Fletcher Allen Health Care

**April 22: Compassionate Communication for the
Cognitively Impaired**
Ellen Gagner, Harbor Program Director at The Arbors

May 20: Secret Ingredients for Aging at Home
Maryann Ludlow, PACE Dietician

FREE AND OPEN TO THE PUBLIC - Light Refreshments

RSVPs appreciated: 655-6700 or info@pacevermont.org